

INSIDE Inclusion

AUTUMN 1 NEWSLETTER

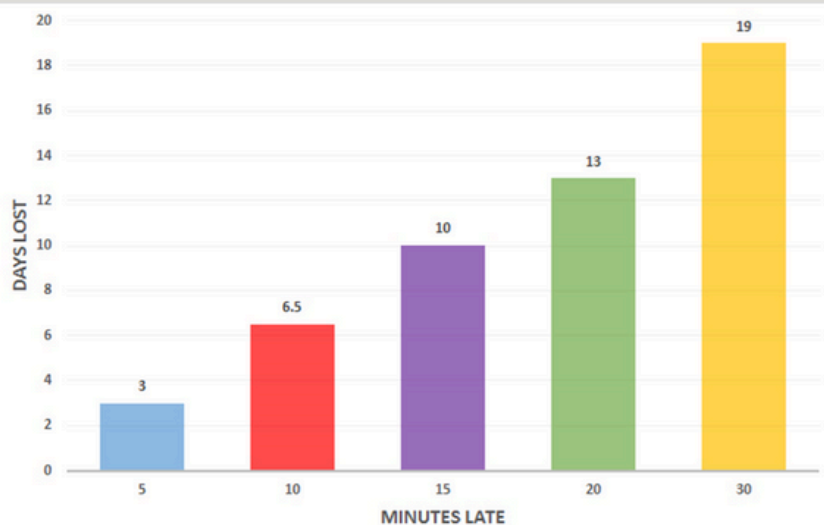
ATTENDANCE MATTERS

HELP US TO
HELP YOUR
CHILD BE
SUCCESSFUL

WHAT %'S MEAN

Attendance during one school year	Equivalent Days	Equivalent Sessions	Equivalent Weeks	Equivalent lessons missed
95%	9 days	18 sessions	2 weeks	36 lessons
90%	19 days	38 sessions	4 weeks	76 lessons
85%	29 days	58 sessions	6 weeks	116 lessons
80%	38 days	72 sessions	8 weeks	152 lessons
75%	48 days	96 sessions	10 weeks	192 lessons
70%	57 days	114 sessions	11.5 weeks	228 lessons
65%	67 days	134 sessions	13.5 weeks	268 lessons

EVERY MINUTE REALLY DOES MATTER



YOUR ATTENDANCE
TODAY SHAPES
YOUR SUCCESS
TOMORROW. MAKE
IT COUNT

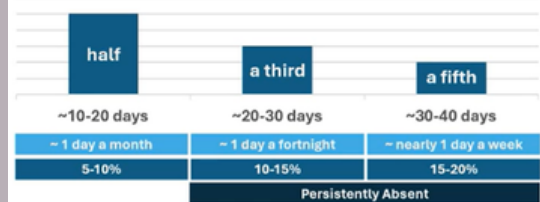
WHAT IMPACT DOES ATTENDANCE HAVE ON EDUCATION AND FUTURE PROSPECTS?

Moving up one band is associated with increased success **across the board**, similar pupils attending ~10 days extra a year (one 5% attendance band higher) have consistently higher odds of getting Grade 5 in English and Maths.

Pupils have the odds than similar pupils in the band directly below to achieve Grade 5 in Maths and English GCSE



Pupils who miss more days have the odds of getting Grade 5 English and Maths than similar pupils who attend nearly every day (95-100%)



ATTENDANCE WHY IT MATTERS



Persistent absence means pupils who miss more than 10% of school every year.

-£750

For each additional day of absence between years 7 to 11, the typical pupil could miss out on an average of **£750** in future lifetime earnings

-£10,000

Persistently absent pupils in year 10 and 11 could earn **£10,000 less** on average at age 28, compared to pupils with near perfect attendance

This rises to almost **£20k less** on average at age 28 for those who are severely absent

-£20k

For employability over a sustained period, people age 28 were around:

60%

Less likely to be employed when persistently absent*

75%

Less likely to be employed when severely absent*

*Compared to their peers with near perfect attendance

SAFEGUARDING SPOTLIGHT



BODY SAFETY MATTERS

HELPING YOUR CHILD
UNDERSTAND BOUNDARIES
AND PERSONAL SAFETY

Keeping our children safe starts with simple, honest conversations. We know that talking about body safety can sometimes feel a bit awkward, but these chats are one of the most powerful ways to help children protect themselves. When kids understand their bodies, personal boundaries, and their right to feel safe, they're more confident and better able to speak up if something doesn't feel right.

You don't need to sit down for a big, serious talk — little conversations in everyday moments work best.

Here are a few questions you could try asking:

- "Do you know which parts of your body are private?"
- "If someone made you feel uncomfortable, who would you talk to?"
- "Has anyone ever asked you to keep a secret that didn't feel right?"
- "It's okay to say 'no' to hugs or kisses, even with family. How does that feel to you?"
- "What would you do if someone touched you in a way that made you feel uncomfortable?"

Try bringing up these topics during bath time, getting ready for bed, a car ride, or while going for a walk — wherever it feels natural. Keep your tone calm and reassuring. The goal is to help your child feel safe, listened to, and confident in knowing they can always come to you.

You might say: **"You can always talk to me about anything — I'll always listen and help."**

BODY SAFETY ONLINE



Even younger children spend time online, whether playing games, chatting with friends, or watching videos. It's important they know that body safety rules apply online too.

You can:



Remind them to never share photos of their body - especially private parts



Encourage them to tell you straight away if someone online asks them to do something that feels strange, secret or confusing



Talk about how some people online might pretend to be children when they're not



Use privacy settings and keep an eye on younger children during screen time

And most importantly, reassure them:

"If something online ever makes you feel uncomfortable or unsure, it's never your fault. Just come and tell me."

SCHOOLS' SCOOP



Charlton Primary School welcomed a very special visitor as multi-talented athlete Nerys Pearce joined children for an unforgettable day of fitness, inspiration and fundraising.

As part of the Great Athletes Programme, Nerys led a sponsored fitness circuit with pupils from Years 1–6, encouraging children to challenge themselves while raising funds both for the school and the programme.

She also led a whole-school assembly, sharing her remarkable journey and her medals in track and field, handcycling, swimming, basketball, and weightlifting at the Warrior and Invictus Games, and the challenges that she overcame both as a child and as an adult.